

ILD in common variable Immunodeficiency

An introduction

CVID: A system disorder

Infection only

Heterogeneous primary Antibody deficiency disorder

Encapsulated bacterial RTI

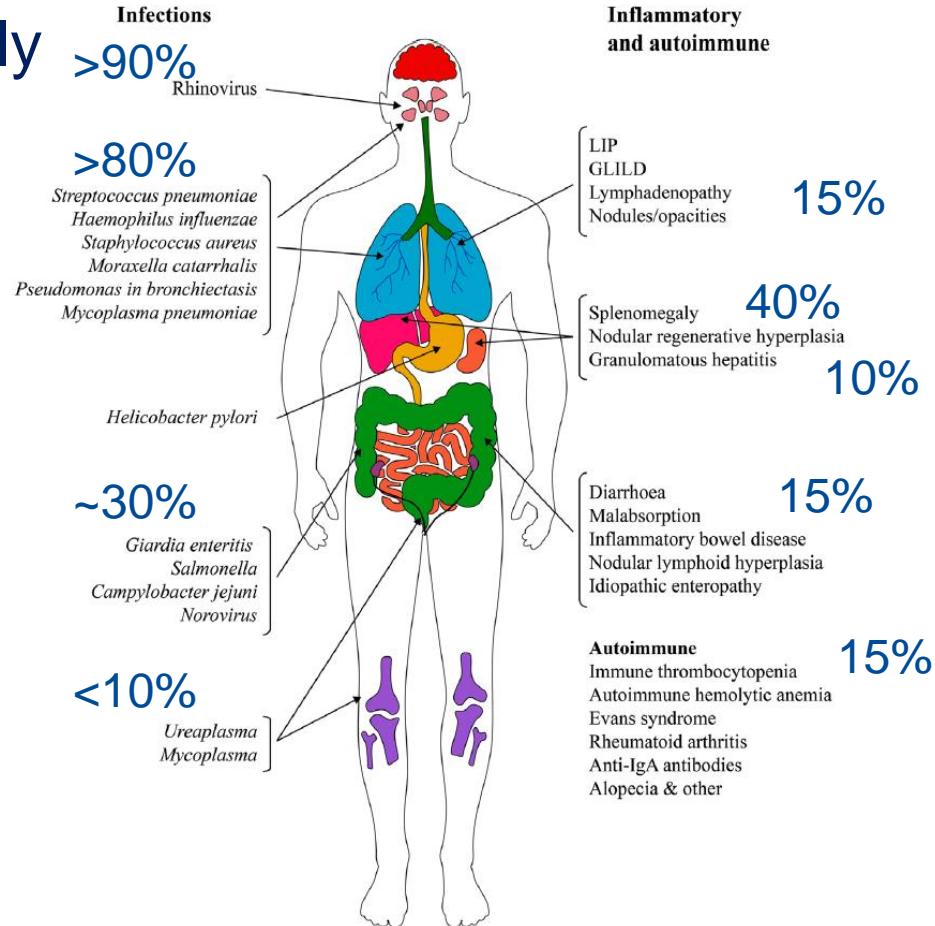
>30% patients with autoimmune or inflammator. manifestations

Up to 20% Patienten with monogenic etiology

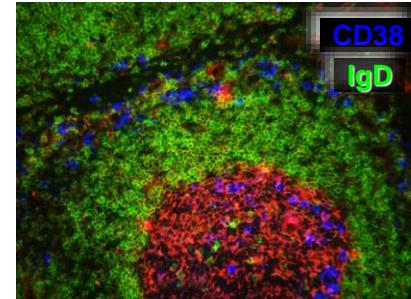
First symptoms: Any age, frequently adolescents/young adults

Prevalence: ca. 1:25.000

Complex CVID



CVID: A failure of Germinal center output



Naive B cells

Activated Tbet+ B cells

Reduced regulator. T cells

Exhausted T cells

Reduced Naive T cells

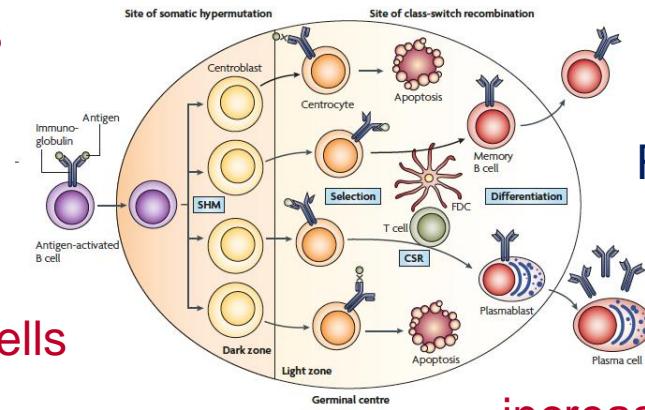
Expanded Th1 cells

increased autoreactive Tbet+ B cells

Reduced memory B cells

Reduced plasma cells

increased T follicular helper cells



Pulmonary manifestations

Two distinct yet often comanifesting entities

Airway disease

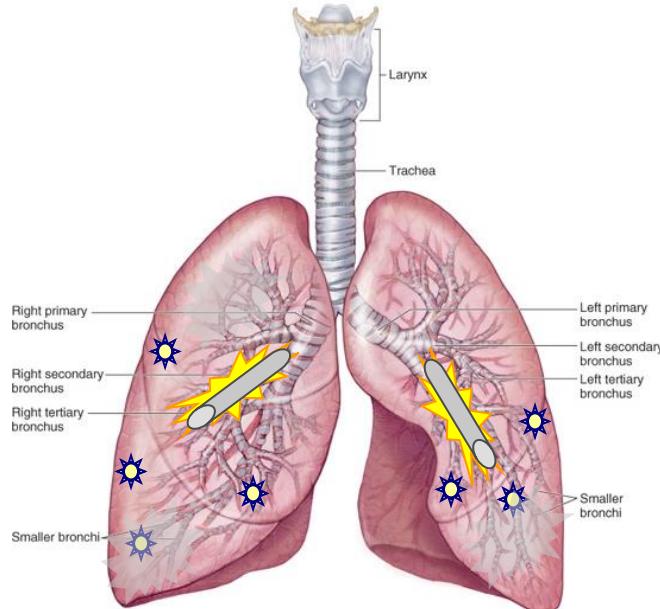


Ca. 30%

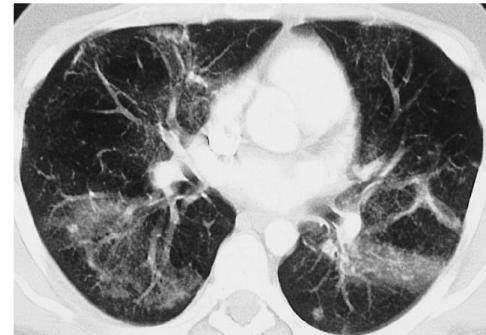
Infectious...

Local...

innate...



Parenchymal disease

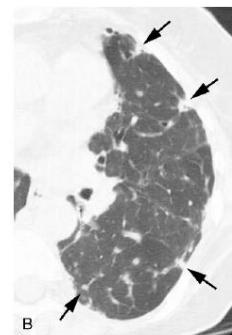


Ca. 15%

Immun...

Systemic...

Adaptive...



Nodular infiltrates

Van de Ven et al Clin Exp Immunol. 2011 Aug;165(2):235-42

Park JE, et al Eur J Radiol. 2005, 54:359-364.

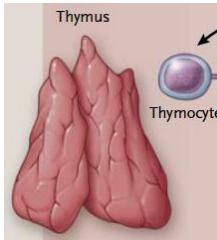
Bates CA, et al J Allergy Clin Immunol. 2004, 114:415-421.

Touw CML et al, Pediatr Allergy Immunol 2009

Wheat WH et al J Exp Med 2005; 202:479-84

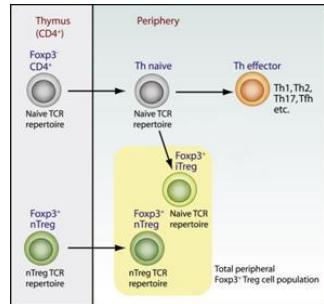
CVID: Pathogenesis of the immune dysregulation

Disturbed selection



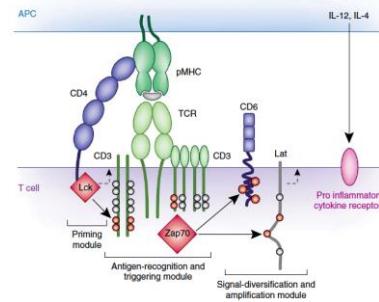
RAG
Di George

Altered Treg Homeostasis



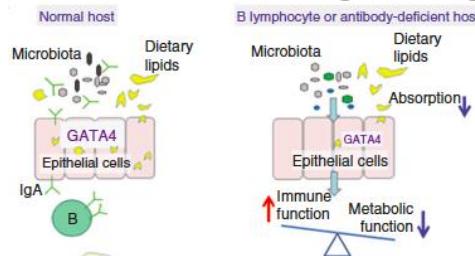
CD25, IL2
CTLA4, LRBA, ...

Disturbed activation



ITK
PI3K δ (GOF)
STIM1
PKC δ
LAT
STAT1/STAT3 GOF

Increased danger signals

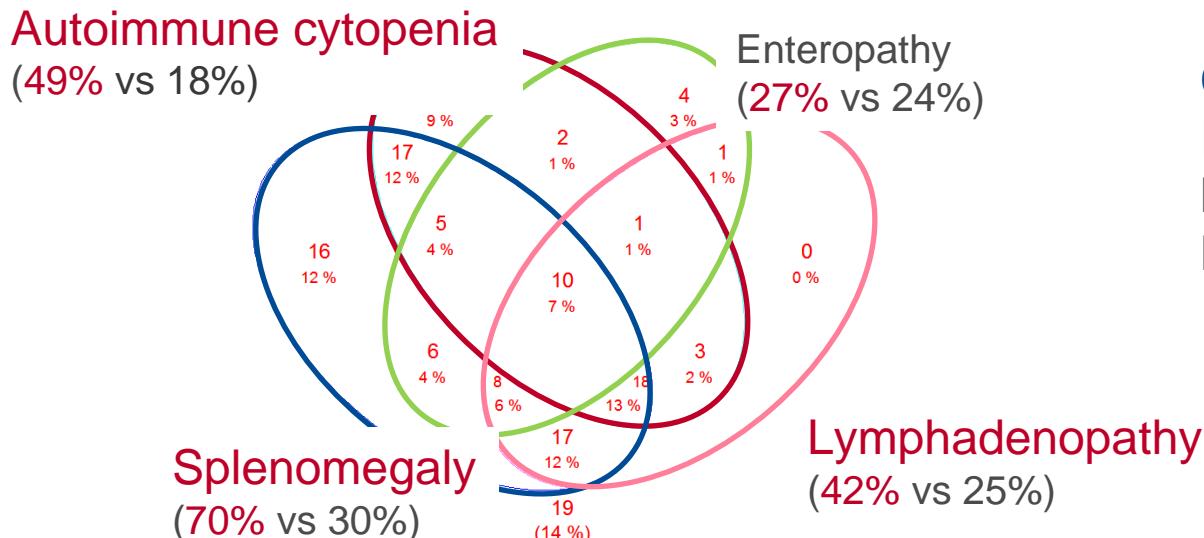


IFN
TLR?
??
??
2° GI Barrier

CVID-ILD: Clinics

About 15-20% of the CVID patients

Symptoms: initially few, exercise induced dyspnoea, dry cough



When compared to total CVID

Conclusion:
ILD in CVID is part of a lymphoproliferative Multisystem disorder.

145 Patients in STILPAD

CVID-ILD: Clinics

Parameter	In this cohort	In historical cohorts (n)	Included patients	Included studies	p-value
n	93	372		1,5,26,27,30,32–34,41–46	
Median age of gl-ILD onset (years)	43	29 – 56	gl-ILD	1,5,27,30,32–34,42,43,45,46	NA
gl-ILD >1 year diagnosed before CVID (%)	11	45 (78)	gl-ILD/ GD	3,44	<0.01
Sex (% F)	63	59 (357)	gl-ILD	1,5,27,30,32–34,41–46	0.48
Splenomegaly (%)	83	78 (343)	gl-ILD	1,5,26,30,32–34,41–46	0.21
Lymphadenopathy (%)	61	74 (217)	gl-ILD	26,30,33,34,41,43–45	0.02
Auto-immune cytopenia (%)	44	50 (294)	gl-ILD	5,27,30,32–34,41–44	0.31
Hepatopathy (%)	17	22 (219)	gl-ILD	5,26,30,32,33,42,43,45,46	0.33
Enteropathy (%)	16	21 (203)	gl-ILD	4,5,30,32,33,42	0.30
Lymphoma (%)	4	10 (218)	gl-ILD	1,26,30,32,34,42,45	0.07

CVID-ILD: Laboratory parameters

Parameter	In this cohort	In historical cohorts (n)	Included studies	p-value
Immunoglobulins at CVID diagnosis	83	268	39	
IgG <1.0 g/L	36	34 (188)	39	0.63
IgA <0.2 g/L	77	50 (257)	39	<0.01
IgM <0.07	40 (81)	30	39	0.09
 EuroClass stratification (N)	 78	 303	 39	
Switched memory B cells <2% (%)	76	58	39	<0.01
CD21 ^{low} cells >10% (%)	71	57 (229)	39	0.03
Normal B phenotype (%)	8	26 (229)	39	<0.01
 T cell phenotyping (N)	 58	 238	 47	
CD4+ <200 (%)	4	3	47	0.71
CD4+ naive <10% (%)	45	25	47	0.01

CVID-ILD: Pathogenesis

Part of a systemic immunoproliferative disease

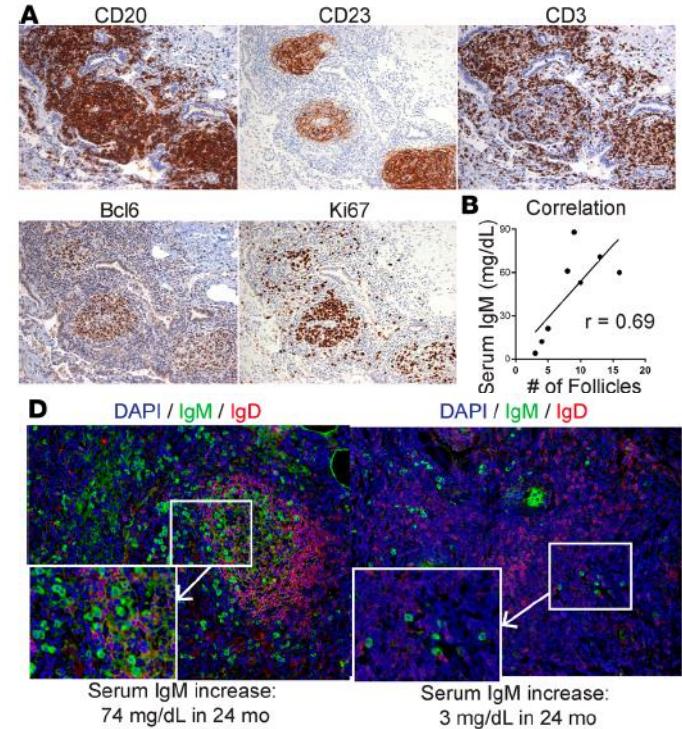
Genet. predisposition in CTLA-4, NFKB1, APDS, STAT3, u.a.

Lymphocytic mixed T&B cell infiltrates

No known trigger

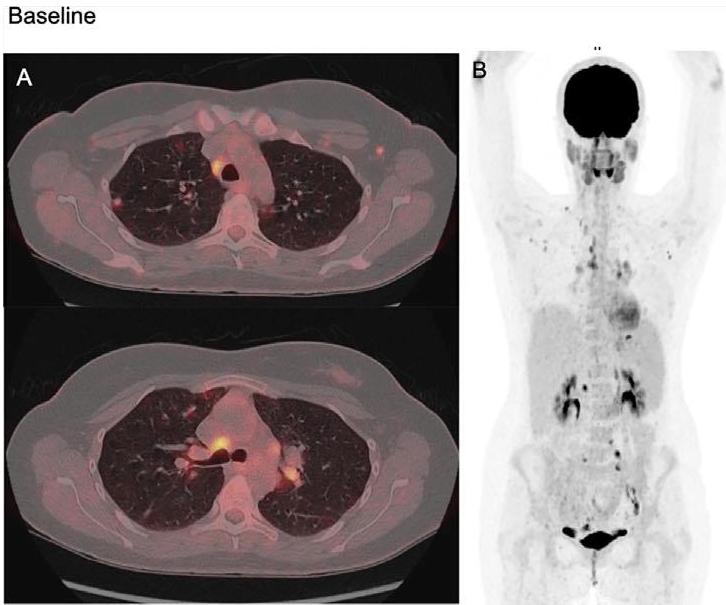
BAFF stimulation possibly contributes to pathogenesis

Histology: mostly mixed: Granuloma, lymphoid (i.e., lymphoide hyperplasia, follic.bronchiolitis, LIP)
Inflammatory lesions (esp. OP).

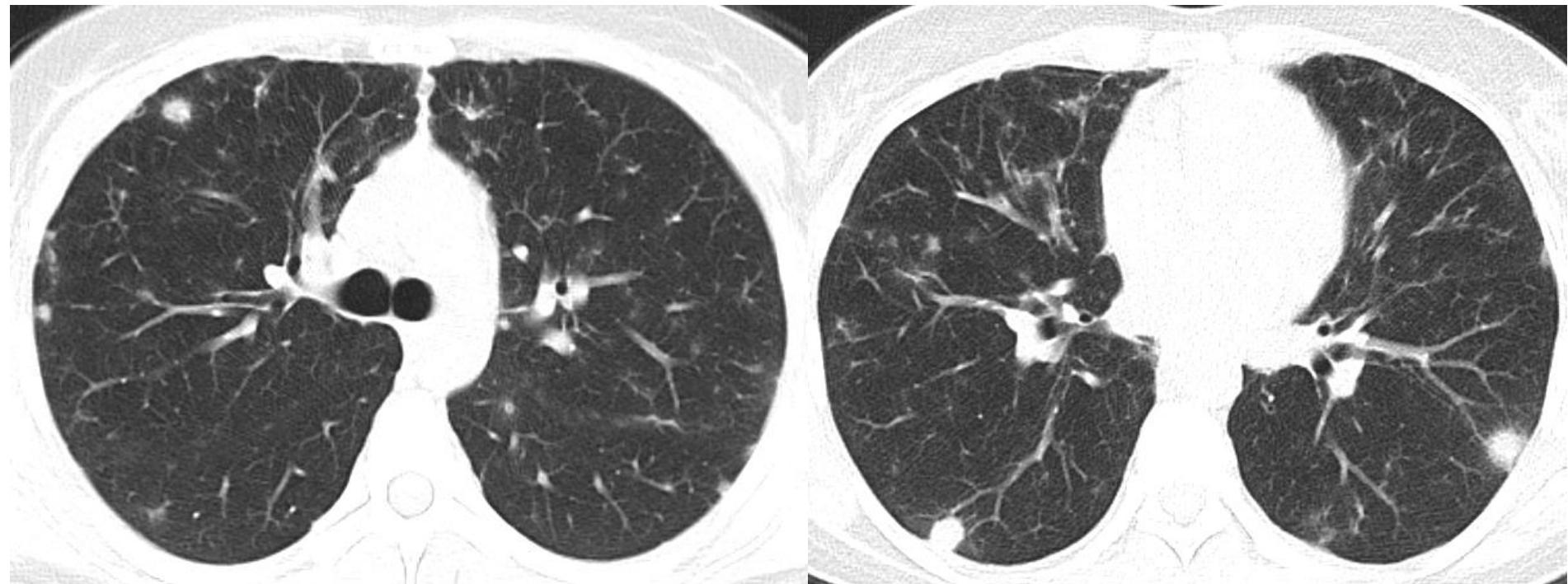


CVID-ILD: Diagnostics

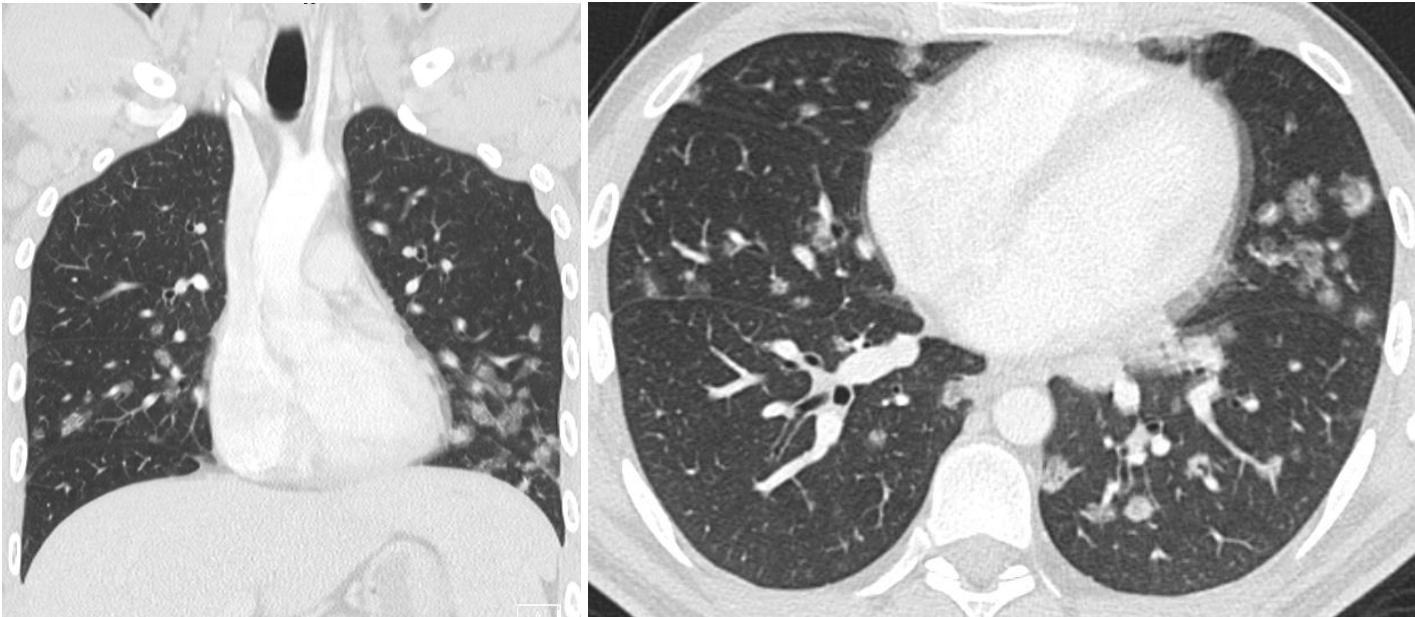
- Clin history / Physical Examination
- Pulmonary function, **CO-Diffusion**, 6 min walk test
- Laboratory: ?? **SIL2R**, IgM increase?, ???
- Imaging: **HR chest CT**, MRI?, PET-CT?
- Bronchoscopy: **BAL** (pathogens,)
- (Cryo-) Biopsy?
- VATS??



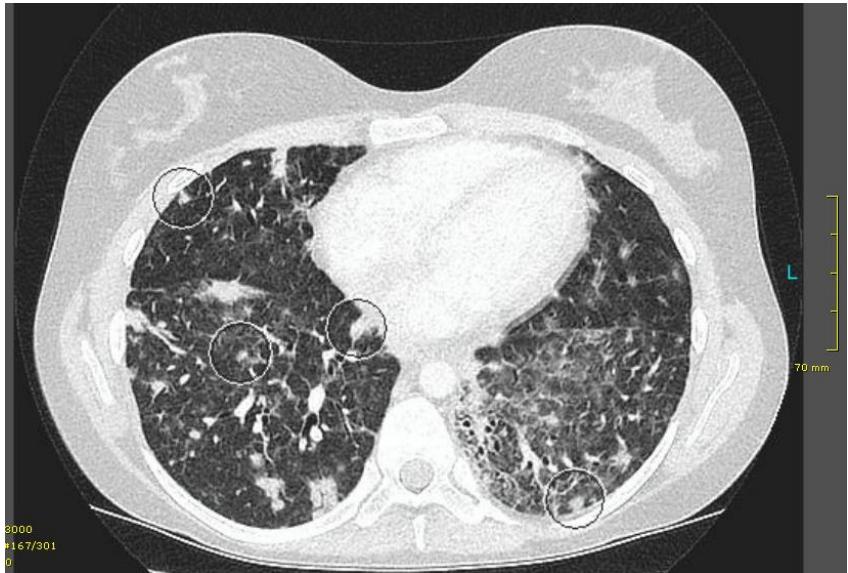
Nodular lesions in CVID-ILD



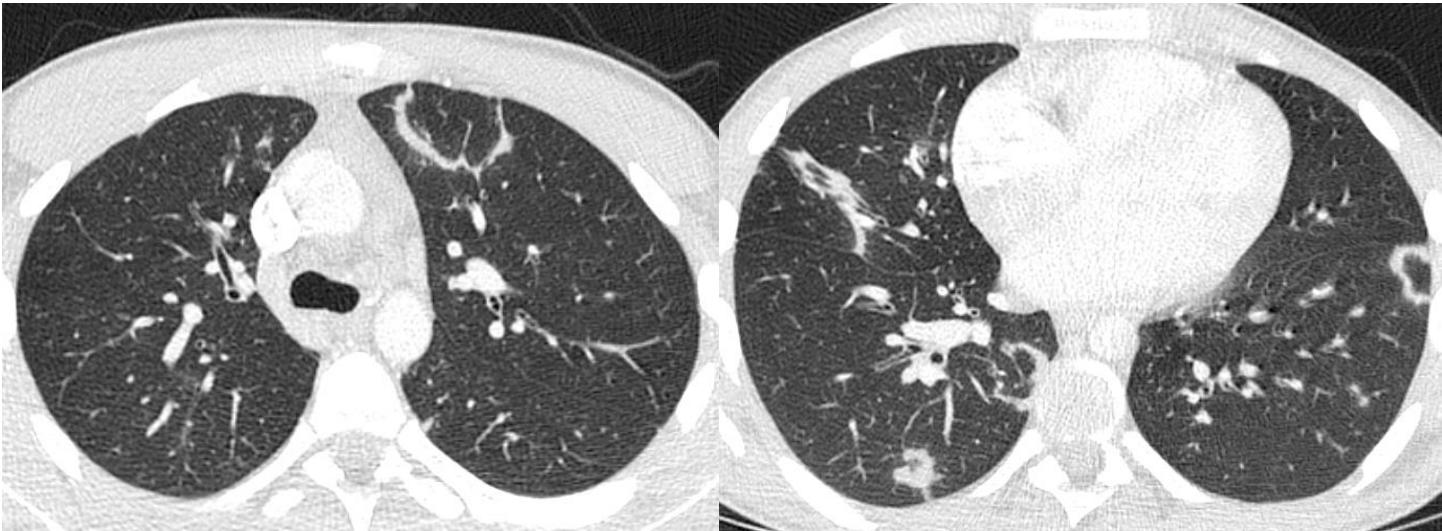
Nodular lesions in CVID-ILD



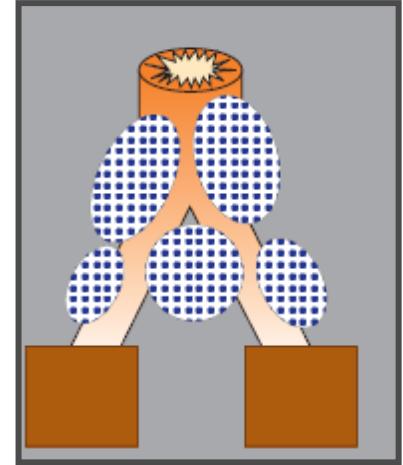
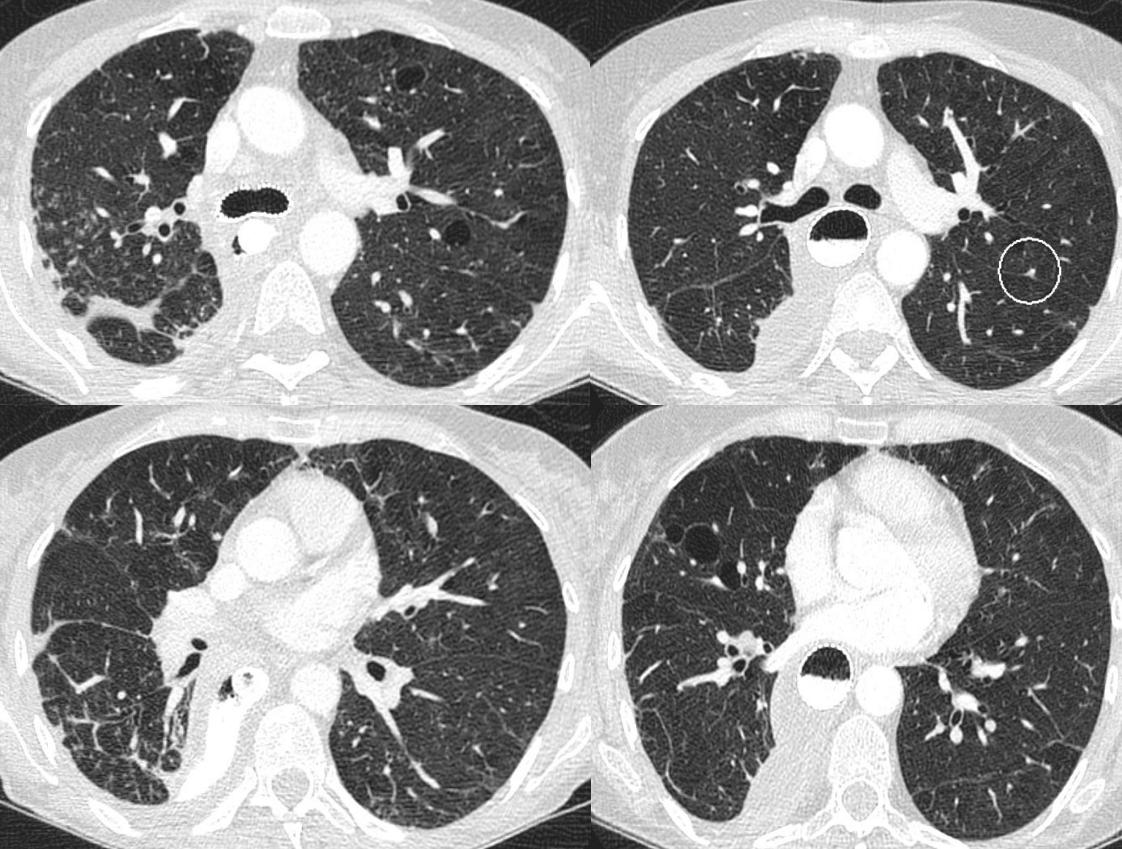
Ground glass opacities in CVID-ILD



Atoll sign in CVID-ILD



Cystic lesions in CVID-ILD



Terminal
Bronchiolitis

CVID-ILD: BAL Diagnostics

Bronchoalveolar Lavage

Mannina et al:

macrophages, 59+/-19%

neutrophils, 17+/-12%

lymphocytes, 18+/-11%

eosinophils 5+/-9%

CD4

CD8

CD4/8 ratio

CD20

Freiburg cohort

47+/-21%

8+/-10%

43+/-21%

1+/-2%

55+/-17%

32+/-15%

3+/-4.3

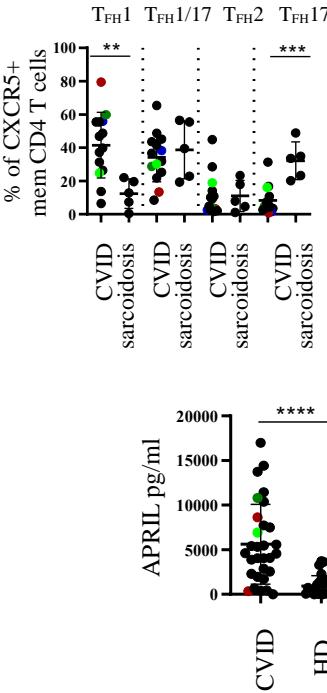
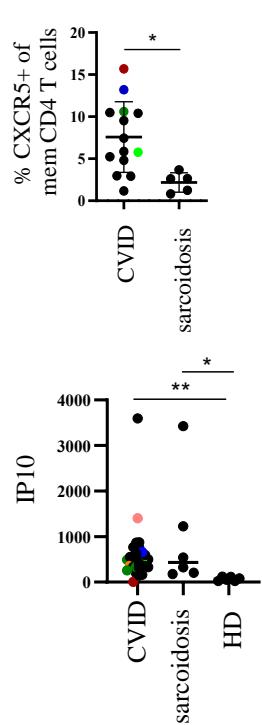
8+/-5% (60-80% CD21^{low} B cells)

Remarks

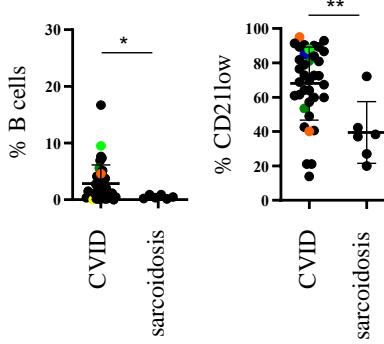
- Exclusion Pathogen incl. fungi
- Exclusion lymphoma
- ImmunoBAL
 - Typically lymphocytic
 - Typically incl. B cells
 - Neutrophils ↗: Infection?
- Diagnost. Role undetermined

CVID-ILD: BAL Diagnostics

T cells



B cells



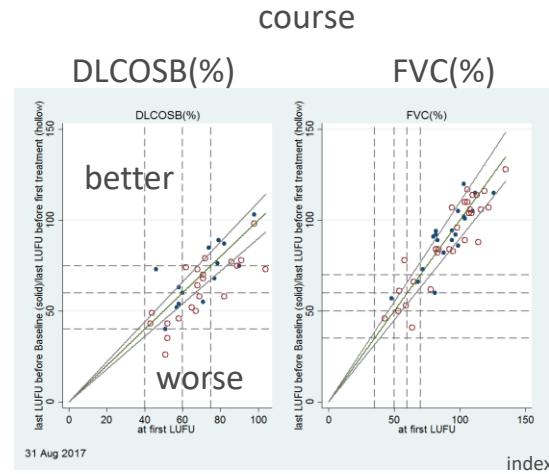
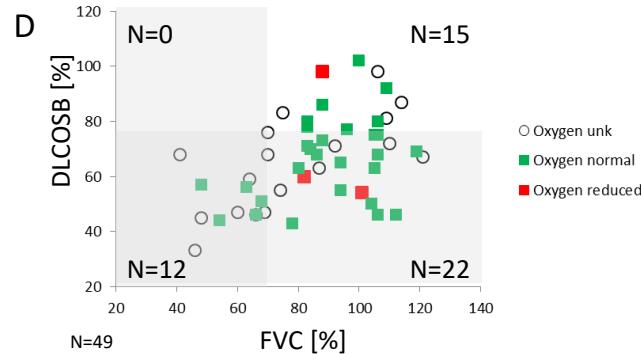
● CTLA-4
● STAT3 GOF
● STAT1
● NF κ B2
● NF κ B1
● ICOS

Remarks

- T and B cell expansion in the majority
- Expansion of TFH esp. TFH1 Zellen
- Reduction of regulator. T cells
- Expansion of Tbet^{hi} CD21^{low} B cells
- Reflecting the system. dysregulation

CVID-ILD: Pulmonary function test

Retrospective data STILPAD: natural course



→ normal pulmonary function

doesn't exclude GLILD (15 Pat)

→ 22 Patients with isolated
reduction of DLCO

→ DLCO Reduction >10% in a relevant number

→ Part of the decision whom to treat

→ FVC mostly stable within the Variance of 10%

CVID-ILD Predictors of bad outcome (preliminary)

	Good outcome	Poor outcome	p-value
n	48	42	
Significant Parameters			
Sex (% F)	52	76	0.02
Enteropathy or hepatopathy (%)	21	43	0.02
Hepatopathy (%)	13	45	0.03
Median ground glass sum score	1	3	<0.01
Median nodules sum score	14	25	0.02
Median total ILD score	19	30	<0.01
Median NK cells (per µL)	70	109	0.04
Median IgG (g/L)	0.1	0.2	0.02
Potential Parameters			
Auto-immune cytopenia (%)	50	36	0.17
Median reticulation with distortion	2	1	0.19
Median CD4+ cells (per µL)	572	744	0.17
Median naive CD4%	9.2	20.2	0.14
Median memory CD4%	87.9	75.6	0.20
Median naive CD8%	19	9.8	0.12
Reduced class-switched memory B cells (%)	82	68	0.07
Increased CD21 ^{lo} B cells (%)	66	75	0.13
Median class-switched memory B cells (%)	0.7	1	0.11
Median IgM+ memory B cells (%)	9	6	0.2
Median IgM (g/L)	0.1	0.2	0.07

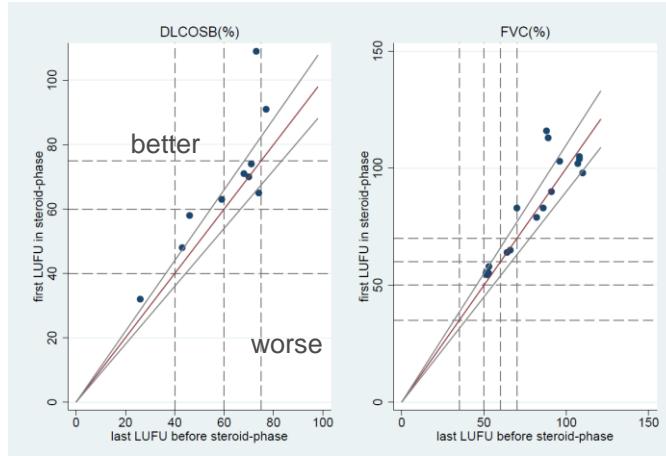
CVID-ILD Therapy: Indication

Consensus of British lung foundation/UKPID network

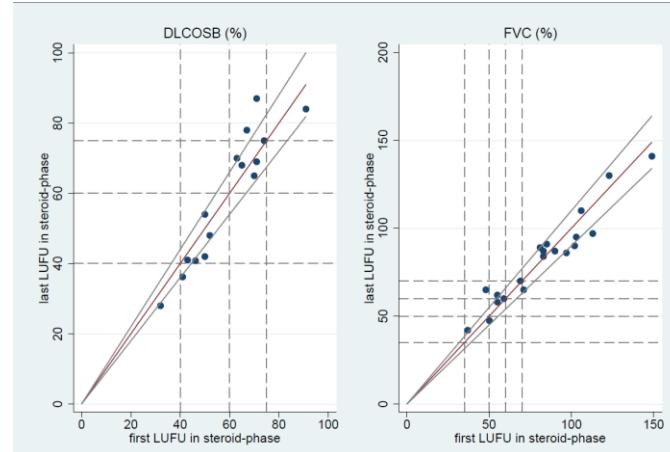
Symptoms	Lung Function	Function (CT?) Trajectory	% agree Rx
✓ Symptomatic	Abnormal	Deteriorating	Consensus: 100%
✓ Asymptomatic	Abnormal	Deteriorating	Consensus: 100%
✓ Symptomatic	Normal	Deteriorating	Consensus: 81%
other...			
Symptomatic	Normal	Stable	no consensus
Symptomatic	Abnormal	Stable	no consensus
Asymptomatic	Normal	Deteriorating	no consensus
Asymptomatic	Abnormal	Stable	no consensus
✗ Asymptomatic	Normal	Stable	Consensus: 6%

CVID-ILD Therapy: Corticoid therapy

Initiation

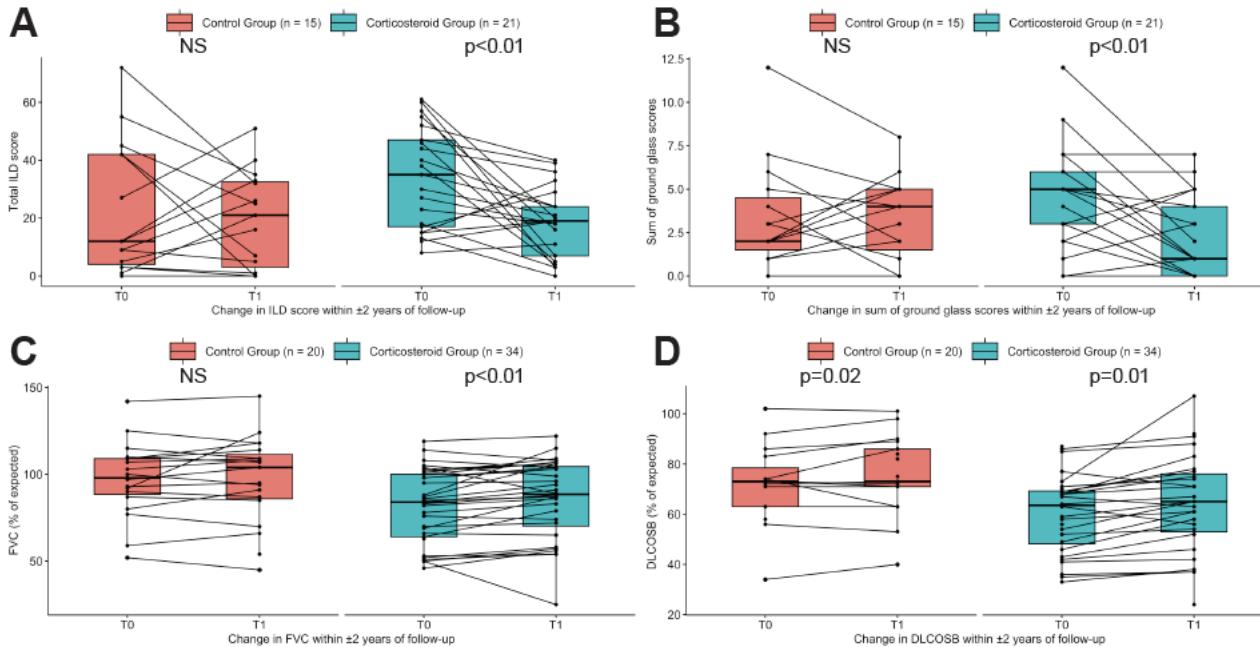


under **corticoid therapy**



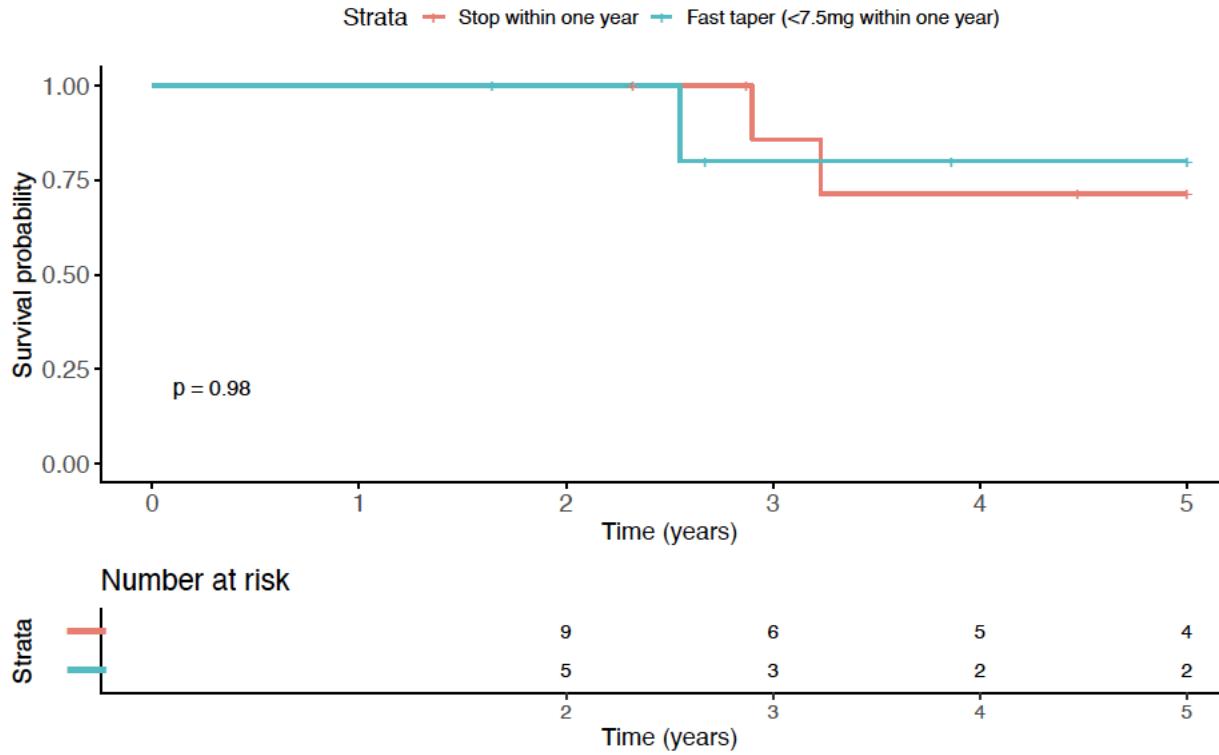
- Induction with Steroids leads to improvement of DLCO, ca 42% with sustained remission
- Maintenance or repeated therapy with corticosteroids not indicated

CVID-ILD Therapy: Corticoid therapy

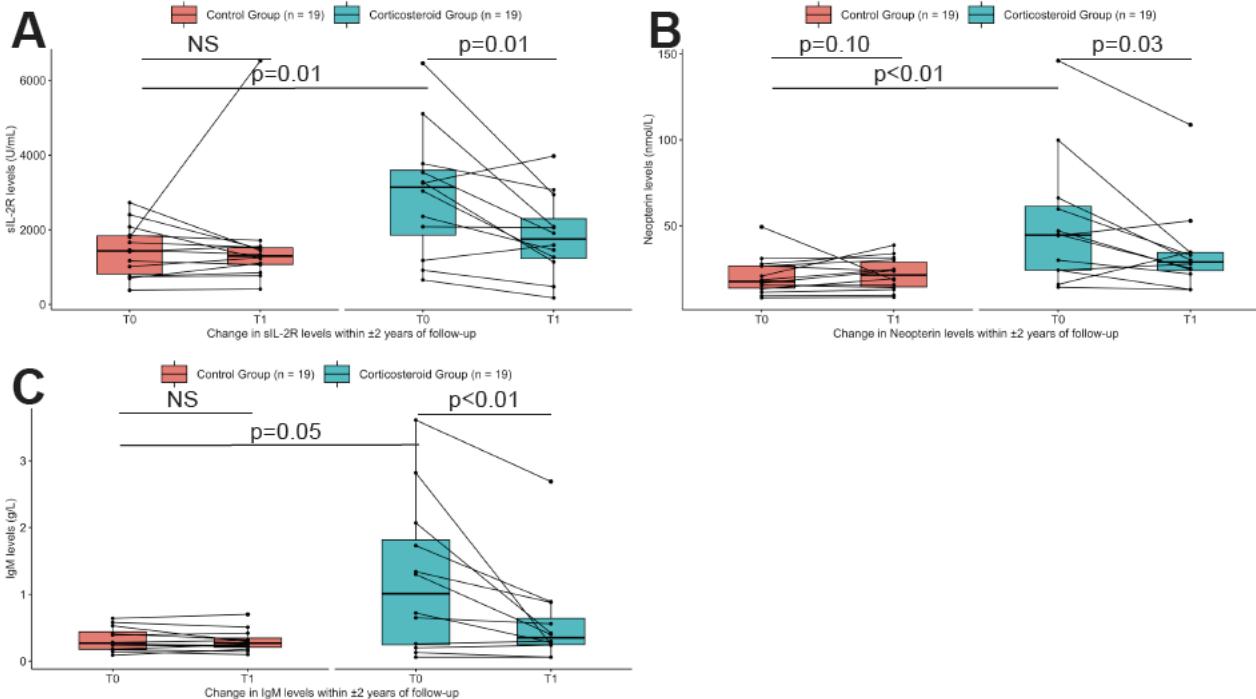


CVID-ILD Therapy: Corticoid therapy

Relapse free 5 year follow-up



CVID-ILD Therapy: Corticoid therapy



CVID-ILD Therapy: Immunosuppressive Therapy

RTX mono 4 cases

Ng et al Chest 2019, Cereser et al JACIP 2019, Králíčková et al Epid.Micro-Biol Immunol Winter 2018

RTX + AZA 10+ cases

Chase et al JoCI 2013, Moctezuma Med Clin 2017, Pathria et al BMJ Case Rep. 2016, Vitale et al JACIP 2015, Verbsky et al JACI 2020

RTX + MMF 4+ cases

Verbsky et al JACI 2020, Jolles et al Clin Exp Immunol 2017

MMF 4 cases

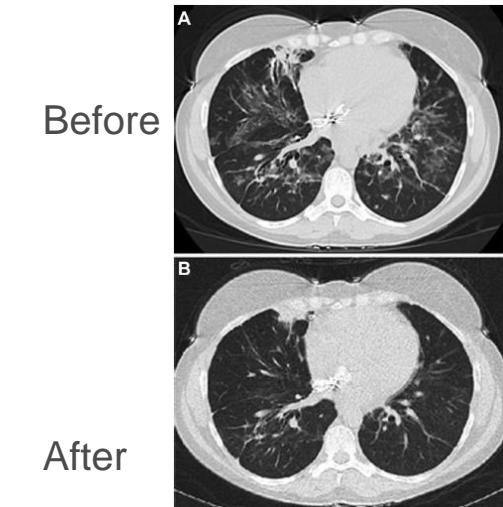
Bucciol Pediatr Pulmonol. 2017, Tashtoush et al Clin Respir J. 2018

Sirolimus 2 cases

Deyà-Martínez A et al Pediatr Allergy Immunol. 2018

Abatacept 10 cases (SAIL Study)

Von Spee-Mayer et al JACIP 2020



Summary:
Still no best 2° line
Incomplete list

ILD treatment in CVID: HSCT

Systematic Review

TABLE 6 | Studies reporting treatment of GLILD in antibody deficiencies with HSCT.

Article	Study design	Sample	Control	Donor	Conditioning*	GVHD prophylaxis	Outcome (GLILD)	Outcome (Survival)
Hartono et al. (55)	Case study	23-year old girl with STAT1 mutation and GLILD	None	MUD	Not mentioned	Steroids	Improvement of radiological findings	Patient still alive day +522 post-transplant
Rizzi et al. (56)	Case study	One patient with CVID and GLILD	None	Patient 004: MUD	Patient 004: RIC ¹	CsA	Subjective improvement of PFT and reduction of steroids use	Patient with GLILD survived
Seidel et al. (57)	Prospective follow up cohort study	12 patients with LBRA deficiency of which seven also had GLILD	None	Patient 001: MFD Patient 002: MSD Patient 003: RIC ³ Patient 004: RIC ⁴	Patient 001: RIC ² Patient 002: Patient 004	Not mentioned	Patients 002 and 010 with GLILD had complete remission (no symptoms and no need for medication), patient 001 with GLILD had good partial remission (some symptoms but no need for medication), patient 011 with	Overall survival was 67% (8/12). Patient 004, 006 and 008 with GLILD died three and two months post procedure
Slatter et al. (58)	Prospective follow up cohort study	Two patients with CTLA4 deficiency and GLILD	None	MUD	Not mentioned	Five patients (1, 2, 5, 6, and 8) CsA and MMF for GVHD. Three (3, 4, and 7) had CsA alone, CsA and MMF, or MTX and tacrolimus. Patient 6 had prednisolone, sirolimus, and belatacept until 8 days before transplant	Improvement of symptoms, tapering of immunosuppressive medication. Six patients are still alive (two patients with GLILD fall in this group and are alive and well at 4 months and 4 years post-transplantation), two died of GVHD and DKA, respectively	
Tesch et al. (59)	Prospective follow up cohort study	76 patients with LBRA deficiency of which 24 underwent HSCT and	Patients who did not undergo HSCT	Patient 001: MMUD Patient 002: Patient 003 Patient 004: MSD Patient 005: RIC ⁹ Patient 006: MAC ¹⁰ Patient 007: RIC ¹¹	Patient 001: RIC ⁹ Patient 002: Patient 003 Patient 003: RIC ¹¹ Patient 004: RIC ¹¹	Not mentioned	Of the eight patients with GLILD, five are in complete remission, two are in partial remission with still some symptoms of GLILD. Of the 24 patients undergoing HSCT, two developed GLILD after the procedure	Overall survival was 70.8% (17/24)

STAT1 GOF

LRBA

CTLA4

LRBA

ILD treatment in CVID

General considerations

Therapy depends on other manifestations:

No additional manifestations or just autoimmune cytopenia: RTX

Gastrointestinal disease: (RTX +) MMF?

anti TNFa?

Sirolimus (in children)

mild disease: Abatacept?

on genetic background:

CTLA4, LRBA, APDS, STAT3GOF, STAT1 GOF

Potential long term concepts....

Sequential Therapy: RTX + Belimumab? + Abatacept?

When HSCT?